

FOLEYS Est 1949

STARTERS

SOUPS

Soup of the Day €5.00 (2)(12)

Traditional French Onion Soup, Croutons & Cheese €5.00 (2)(9)(15)

Cream of Seafood Chowder with a Selection of Fresh Fish €7.00 (2)(3)(4)(5)12)

OYSTERS

1/2 Dozen Fresh Cromane Oysters au Natural €11.70 (3)
1/2 Dozen Fresh Cromane Oysters in a White Champagne Sauce €16.50 (1)(2)(9)

APPETISERS

Thai Style Salmon Cake, Mixed Leaf Salad & a Sweet Chilli Dip €8.50 (1)(2)(5)(13)(15)

Cromane Mussels Mariniere - A Shallot, White Wine & Cream Sauce €13.00 (1)(2)(4)(5)(9)

Fresh Local Prawns Wrapped in Filo Pastry with a Garlic & White Wine Sauce €15.00 (1)(2)(3)(9)(15)

Baked Goat's Cheese, Sun-dried Tomato & Basil Pesto Tartlet with a Mixed Leaf Salad €9.50 (2)(10)(13)(15)

Chicken Live Paté, Mixed Leaf Salad, Rhubarb & Port Compote & Toasted Bread €9.50 (2)(13)(15)

Grilled Duck Breast with a Chili, Honey & Ginger Glaze on a Bed of Mixed leaves €12.00 (8)(13)

MAIN COURSES

SEAFOOD

Crispy Skinned Grilled Salmon on a Bed of Warm Chilli, Tomato & Mango served with a Cherry Tomato & Spring Onion Salsa €24.00 (5)

A Melody of the Chef 's Fresh Fish Selection (5 Different Types of Poached/Grilled Seafood) with a White Wine & Dill Sauce €29.00 (1)(2)(5)(9)

Medallions of Monkfish on a Bed of Sautéed Mushroom & Leek with a Ginger & Port Jus €29.00 (2)(5)(9)

Baked Black Sole with Mandolin Potato, Capers & Tomato with a Lemon & Parsley Butter (Served on or off the Bone) €32.00 (2)(5)

MEATS

Roast Boneless Male Duck Breast on a Sautéed Pepper, Leek & Mushroom Base with a Blackcurrant & Red Wine Sauce €26.00 (2)

Aged Grilled T-Bone Steak with a Choice of Garlic Butter or Pepper Sauce €27.00 (1)(2)(9)

Aged Sirloin Steak on a Bed of Roasted Fennel with a Beef Bone Jus €28.00 (1)(2)(9)

Fillet of Steak Served on a Fondant Potato with a choice of Garlic Butter or Pepper Sauce €28.00 (1)(2)(9)

Rack of Lamb with a Hoi-Sin Glaze Served on a Roast Red Onion Base €31.50 (8)(9)(13)

VEGETARIAN DISHES

Spaghetti Provencal - A Tomato, Mushroom, Spring Onion & Basil Sauce €14.50 (2)(12)(15)

Tagliatelle with a Mushroom, Pepper, Garlic and Onion Cream Sauce €15.50 (1)(2)(12)(15)

CHEF'S SPECIALS

Fresh Lobster Thermidor - A Creamy White Wine & Mustard Sauce with Onions & Mushrooms, Grilled with Cheese & Served with a Fresh House Salad €38.00 (1)(2)(5)(9)(13)

Traditional Deep Fried Breaded Plaice served with French Fries, Peas & Hollandaise Sauce €20.50 (1)(2)(5)(15)

Sole Veronique - Fillets of Black Sole, Poached in a Fish Stock and Served with a Grape and White Wine Sauce €30.00 (1)(2)(5)(9)

Pan fried John Dory on a Bed of Spring Onion Mash, served with a Lemon Butter Sauce €28.00 (1)(2)

Scallops Mornay - Fresh Castletownbere Scallops, served in a Cream Cheese Sauce with Piped Potato €29.00 (2)(3)(5)(9)(15)

Selection of vegetables served with all meat and fish dishes



SIDE ORDERS

Chip €4.00 Broccoli €4.00 House Salad €4.00 (13) Baby Spinach €6.00 (2) Sautéed Onions €4.00 (2) Buttered Mushrooms €4.00 (2)

Allergens

- (1) eggs
- (2) milk
- (3) shellfish
- (4) molluscs
- (5) fish
- (6) –peanuts
- (7) sesame
- (8) soya
- (9) sulphur dioxide
- (10) nuts
- (11) cereal
- (12) celery
- (13) mustard
- (14) lupin
- (15) gluten

Half portions available for children

No separate bills for parties of more than 4 people